

*Preparation*

*Perseverance*

*Respect*

*Honesty*

*Integrity*

*Courage*

*Appreciation*

*Empathy*

*Gratitude*

*Tolerance*

*Duty*

*Loyalty*

*Responsibility*

*Compassion*

*Leadership*

*Character*

# ATTITUDE

**Approaching everyday with enthusiasm,  
confidence and a positive outlook**



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Ability is what you're  
capable of doing.  
Motivation determines  
what you do. **Attitude**  
determines how well you  
do it. – Lou Holtz

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finish strong [attitude] /finiSH str oNG /

<sup>1</sup>to possess a mindset (philosophy) to perform at an exceptional level

<sup>2</sup>exhibiting courage in the face of (directly in front) adversity

<sup>3</sup>refusing to accept (admit, willingly) mediocrity

<sup>4</sup>a philosophy for living (of great moral power) life with no regrets

<http://www.youtube.com/watch?v=pAACRmpgmsU>

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- Discuss Attitude
- Discuss Strong Attitude
- Show Video
- Perhaps show story on Attitude/Activity

