



5th Grade Family Guide

Dear Parent,

Operation Aware, a prevention education program, will begin in your child's school soon. Our Prevention Educators have taught more than 500,000 students since 1979 in over 400 public and private schools throughout northeastern Oklahoma. We are an independent non-profit that works in cooperation with the schools to bring this program to your child. As a member agency of Tulsa Area United Way and Rogers County United Way, Operation Aware provides prevention education services to meet a critical community need to help children be safe and drug free. Thanks to the generous donations of individuals, corporations and foundations, we are able to educate more than 23,000 students a year.

There is no cost to you for your child to participate. However, Operation Aware welcomes the support and involvement of parents and other concerned adults who care about the health, safety, wellbeing and future of our community's children. Individuals such as yourself make it possible for us to continue to offer these vital prevention education programs at your child's school. For more information about how you can help make a difference, **sign up for news alerts and more from Operation Aware on our Web site, www.operationaware.org, or you can follow us on Twitter (OperationAware) and friend us on Facebook (Operation Aware).**

The Operation Aware program is based on the latest and best available information about how children learn and what works to help them make responsible choices. Operation Aware teaches positive life skills that promote resiliency and reduces the likelihood of high risk behaviors, especially the dangers of alcohol, tobacco, and other drug use. It is our goal that children and teens who participate in the Operation Aware program gain the knowledge and skills necessary to help them succeed in school and in life. This program meets the Oklahoma Department of Education PASS guidelines for health and wellness.

Your child's class will be meeting with an Operation Aware Prevention Educator once a week for eight weeks. Included in this packet is a guide outlining the topics we will discuss in class. We encourage you to continue the discussion at home by asking questions about what your student has learned from the Operation Aware program. As you know, your thoughts and opinions are vital to shaping your child's choices.

We look forward to presenting the Operation Aware program in your child's school. If you have any questions, please contact your school administrator or Operation Aware directly at (918) 582-7884 or online at www.operationaware.org

Thank you,

Operation Aware of Oklahoma, Inc.
7226 East 41st Street
Tulsa, OK 74145

*Our Mission: Operation Aware equips youth, through prevention education,
with the knowledge and skills to make positive life choices.*

Member Agency



Each week, your child will be addressing these topics with their Prevention Educator. Help reinforce the messages by asking them to write one fact they learned in class on this sheet, and post it in a prominent location in your home.

Lesson One: Introduction and the Road of Life

What I learned this week _____

Lesson Two: Help, Hope, and a Way Out: Problem Solving

What I learned this week _____

Lesson Three: Being Misled

What I learned this week _____

Lesson Four: Safe (+) Secure = Success: Bullying Prevention

What I learned this week _____

Lesson Five: Creating Confidence and Self Esteem

What I learned this week _____

Lesson Six: Introduction to Gateway Drugs

What I learned this week _____

Lesson Seven: Gateway Drugs II: the Nicotine Factor

What I learned this week _____

Lesson Eight: Gateway Drugs III: Alcohol and Marijuana

What I learned this week _____

Your child's class will begin the Operation Aware program soon.

- If you wish your child to participate in the Operation Aware program, you need take no further action.
- If you **do not** want your child to participate in the Operation Aware program, please check the box below, sign the release, and return the bottom portion to your child's school.

If you have any questions, please contact your school administrator or Operation Aware directly at (918) 582-7884 or online at www.operationaware.org

Please clip and return to your child's school if you do not want your child to participate in the OA Program.

I **DO NOT** want my child, _____ to participate in:

Operation Aware Classes

Parent or Guardian Signature