

Attitude

Preparation

Perseverance

Respect

Honesty

Integrity

Courage

Appreciation

Empathy

Empathy

Gratitude

Tolerance

Duty

Loyalty

Responsibility

Compassion

Leadership

Character

SELF-CONTROL

Staying in control of one's emotions in order to make good logical choices in difficult situations

TIGER TRAITS

Week 9



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*“Anger is only one letter short of
danger.”*

-Anonymous

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Motivational Video on Anger Control

<http://www.youtube.com/watch?v=nADLTPkYjWQ>