

Attitude

Preparation

Perseverance

Respect

Integrity

Courage

Appreciation

Self-Control

Empathy

Gratitude

Tolerance

Duty

Loyalty

Responsibility

Compassion

Leadership

Character

TIGER TRAITS

Week 5

HONESTY

Telling the truth regardless of the circumstances or consequences



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Be honest, even if others are not, even if others will not, even if others cannot. He who walks honestly, walks securely.

Abhishek Tiwari

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Be honest with yourself

- **Accept responsibility for your own actions; don't blame others.**
- **Be honest about your feelings.**
- **Face issues as they arise.**
- **If you are considering lying, try to think of the consequences.**
- **When confronted with a situation, think of others.**

<http://www.youtube.com/watch?v=ep-ieEG06qg>

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<http://www.youtube.com/watch?v=V3PIXy9lBgo>

Honesty Experiment

The <http://www.nationalhonestyindex.com> Survey

Will need use of computer lab for this lesson.

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8 great reasons to tell the truth

- Telling the truth lets everyone know what really happened. There's less chances of misunderstandings, confusion, or conflict.
- Telling the truth protects innocent people from being blamed or punished.
- Telling the truth allows everyone to learn from what happened.
- You usually get into less trouble for telling the truth than for lying (and getting caught).
- Other people trust you more when you tell the truth.
- You don't have to tell more lies to keep your story straight.
- You gain a reputation for being truthful - a trait that most people value.
- Telling the truth helps you feel secure and peaceful inside.