

*Attitude*

*Preparation*

*Perseverance*

*Honesty*

*Integrity*

*Courage*

*Appreciation*

*Self-Control*

*Empathy*

*Gratitude*

*Tolerance*

*Duty*

*Loyalty*

*Responsibility*

*Compassion*

*Leadership*

*Character*

**TIGER TRAITS**

**Week 4**

# RESPECT

**Being courteous to others through actions and words; to treat others the way we want to be treated**



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<https://www.youtube.com/watch?v=dUTJK0TomyY>

## What is respect?

- Respect means showing regard and appreciation for the worth of someone or something.
- It means honor and esteem.
- It includes respect for self, respect for the rights and dignity of all persons, and respect for the environment that sustains life.
- Respect keeps us from hurting what we ought to value.

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<https://www.youtube.com/watch?v=bF0bqUd5uzA>

## Put respect into action

- Practice the Golden Rule
- Practice Random Acts of Kindness
- Practice saying "please" and "thank you" and "excuse me"
- Make a point of not teasing and encourage your friends not to
- Be patient with yourself and others when a mistake is made
- Practice good table manners
- Make an effort not to gossip
- Make an effort to not swear
- Be courteous toward everyone
- Learn how to properly introduce yourself
- Practice giving a firm handshake
- Remember to raise your hand when you want to speak in class

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## Remember

- **Respect means using good manners; being courteous and polite, speaking to others in a kind voice; using polite body language.**
- **Respect means showing consideration toward other people (including your elders, parents, guardians, teachers, peers, siblings, other family members, employers, and people in authority).**
- **Respect means honoring other people's wants, needs, ideas, differences, beliefs, customs, and heritage.**
- **Respect means caring for other living things and the earth (animals, plants, the environment).**
- **Respect means obeying the rules, laws, and customs of your family, faith, community, and country.**

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# Remember the Titans

<https://www.youtube.com/watch?v=-AWtpFqKD-o>